

CURRICULUM VITAE

1. Personal Details:

Name : Dr. Jaspal Singh D.O.B. : 11.01-1965
Father's Name : S. Kewal Singh Mother's Name : Smt. Mohinder Kaur

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2. Present Affiliation and Experience:

- **Associate Professor and Head**, Department of Physical Education and Sports, Lyallpur Khalsa College, Jalandhar (Since 1998).
- Worked for **Five** years as Lecturer, Physical Education from 1991 to 1998 at Sikh National College, Banga (S.B.S. Nagar).
- Acted as Paper Setter & Examiner for Panjab University, Chandigarh; Punjabi University, Patiala; Kashmir University, Srinagar and Lovely Professional University, Phagwara, Punjab.

3. Administrative Experience:

- During my tenure as HOD since 1998, our college won **S. Teja Singh Samundari Overall General Championship Trophy** of G.N.D.U., Amritsar for **thirteen** times. The College was declared five times as best college for contributing to MAKATROPHY and brought many more laurels because of the committed efforts of all the stakeholders.
- Managing the Affairs of 450 Sportsmen, 700 Physical Education Students and 35 Employees of Department of Physical Education & Sports.

4. International Exposure:

- Participated and presented a paper in **Pre-Olympic Congress-2012** on “**Technological Interventions and Referral System in Football: An Exposition**” at Liverpool (England) on 24th & 25th July, 2012.
- Awarded **best paper award in International Conference** on Physical Education and Sports Sciences held at Panaji, Goa from 25th to 27th February, 2011.
- Visited FIFA World Cup-2014 at **Brazil**.

5. Academic Qualifications and Achievements:

S. No.	Class	Board/University	Year	Marks	Division	%age
1.	Ph.D.	Punjabi University, Patiala	2007	Awarded	---	--
2.	M.Phil.	Punjabi University, Patiala	1993	5/6	A Grade	--
3.	Coaching Diploma in Handball	N.S.N.I.S., Patiala	1989	673/1000	B Grade	67%
4.	M.P.Ed.	G.N.D.U., Amritsar	1990	502/800	1 st	63%
5.	D.P.Ed.	Punjabi University, Patiala	1988	730/1200	1 st	61%
6.	B.A.	G.N.D.U., Amritsar	1986	340/650	2 nd (Add.)	52%
7.	Higher Secondary	P.S.E.B., Mohali	1982	438/800	2 nd	54%
8.	Matric	P.S.E.B., Mohali	1981	565/1200	2 nd	47%

❖ **Second in Guru Nanak Dev University, Amritsar in M.P.Ed.**

❖ UGC-NET Qualified in 1994 in Physical Education

- **M.Phil. Research Topic:**

A Kinanthropometric Analysis of State Level Male Handball Players

- **Ph.D. Research Topic:**

Construction and Standardization of Specific Skill Test Battery for Male Handball Players

6. Sports Achievements & Honours:

- Member of **Bronze Medal winning Handball team of Punjab** in Senior National Championship held at Bhilai (M.P.) in 1991.
- **Captain of G.N.D.U., Amritsar Handball** team which participated in All India Inter-University Handball Championship held at New Delhi in 1989-90.
- Represented Punjab Handball Team in Federation Cup held at Jammu (J&K) in 1989.
- Represented G.N.D.U., Amritsar Handball team in All India Inter-University Handball Championship held at New Delhi in 1986-87.
- Represented Punjabi University, Patiala Handball team in All India Inter-University Handball Championship held at Hissar (Haryana) in 1987-88.
- **Captain of R.K. Arya College, Nawanshahr** Handball team in G.N.D.U. Inter-College Championship in 1985-86.
- Acted as a Manager and Coach of G.N.D.U., Amritsar Handball and Football Teams in All India Inter-University Championships & Manger of Punjab State Handball team in Senior National Championship.
- Trained a number of players who played at **Inter-University, National** and **International levels** out of which around 50 players in Football and 15 players in Handball got recruited in Punjab Police, Border Security Force, Indian Railways and Other Professional clubs.
- Honoured by the **International Sports Association, Phagwara** and **Olympian Jarnail Singh Memorial Football Tournaments Committee, Garhshankar** in recognition for contribution to Football.
- Honoured by **D.H.A. Jalandhar and Nawanshahr Handball Club, Nawanshahr** in recognition for contribution to Handball.

7. Research Publications:

1. Authored a book titled '*Khed-Chintan*' published by Lokgeet Parkashan, Chandigarh, 2011.
(Recognized by National Institute of Languages, Mysore).
2. Authored a book titled '*Khedan De Ang-Sang*' published by 5ab Parkashan, Jalandhar, 2014.
3. Authored a book titled '*Art and Science of Handball*' published by Sports Publications, New Delhi, 2015.
4. Edited a book titled '*Sports Psychology for Peak Performance*' published by Friends Publications, New Delhi, 2014.
5. Co-authored a book titled '*Text Book of Physical Education & Sports*' published by Kalyani Publishers, New Delhi, 2009.
6. 35 Research papers published in National and International Journals and Proceedings.
(Details given in APIs Proforma).
7. More than 30 Articles published in daily Punjabi Newspapers and Magazines.

8. Paper Presented in Seminars & Conferences:

1. Around 30 research paper presented in National and International Seminars and Conferences, (Details given in APIs Proforma).
2. Acted as Invited Resource Person and Chairperson in more than 20 International and National Seminars and Conferences, (Details given in APIs Proforma).

9. Professional Achievements & Credentials:

1. Participated a number of times as an expert in All India Radio and Doordarshan talks on the topics related to Physical Education and Sports.
2. Technical Secretary of All India Shri Guru Gobind Singh Football Society (Regd.) Jalandhar, Punjab.
3. Life and Executive Member (Fitness Chair) of Indian Association of Health and Fitness. Acted as a Organizing Secretary in National Conference on “Health, Sports and Society: Recent Trends and Challenges” held on 3rd & 4th December 2011 at Mehr Chand Polytechnic College, Jalandhar, Punjab.
4. Supervised M.Phil. Dissertations of four and Ph.D. Thesis of three candidates who have received their degrees.
5. Member Faculty of Physical Education of Guru Nanak Dev University, Amritsar from 2004 to 2006.
6. Member Board of Studies in Physical Education Department of Guru Nanak Dev University, Amritsar from 2012 to 2014.
7. Member Selection Committee of Handball and Football Clubs of G.N.D.U. Amritsar since 1998.
8. Member Editorial Board of International Journal of Physical Education, Fitness and Sports.
9. Member Sports Committee G.N.D.U. Amritsar in 2005-06 and 2013-14.
10. Member as staff Representative of College Management Committee since 2013.

(Dr. Jaspal Singh)